## **Community** Meals Service

South Gloucestershire Council's Traded Services Division offers a meal service, delivered directly to your door.



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This all year round service is available, upon request, to anyone wishing to purchase meals, and is particularly helpful in supporting older, disabled and vulnerable people living in their own homes, who are not able to cater for themselves.

All our meals are nutritionally balanced and our hot meals include roast dinners, casseroles, meat pie etc. Each meal comes with fresh vegetables, potatoes and a dessert, and is delivered daily up to 7 days per week.

Cold meals are also available which include sandwiches, cake and fresh fruit.

We can provide for most dietary needs such as diabetic, gluten free and vegetarian meals.

We can also provide a variety of meals to meet religious and cultural needs, including:

- Kosher Meals
- **Caribbean and West Indian Meals**
- Asian Halal Meals
- Asian Vegetarian Meals

If you order a main meal and a tea meal they are delivered together between 11am and 2.30pm. We recommend that you eat your hot meal when it is delivered to enjoy it at its best. Please store hot food carefully as leaving hot food to cool could risk food poisoning.

The current charge for a main meal with a dessert is  $\pounds4.50$ . A tea time meal is  $\pounds3.10$ . However, these prices are subject to change. Payment can be made by our preferred method which is a direct debit or by a monthly invoice.

To cancel a meal please speak to your Meals Helper/Driver the day before (or earlier if possible) or telephone **01454 865996**.

## It is important to notify us of meal cancellations to ensure you are not charged.

If you would like to discuss your dietary requirements, or you would like more information about religious or cultural meals, or if you would like to order a meals service, please telephone 01454 865996. If you would like this information in a different format or language, please contact: **01454 868009**.

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